Medical Resources

406-995-6995 Big Sky Medical Center 334 Town Center Ave, Big Sky
406-585-5000 Bozeman Health Deaconess Hospital 915 Highland Blvd, Bozeman
406-587-0681 BridgerCare* 1288 N 14th Ave Suite 201, Bozeman - reproductive health care services
406-924-5754 Community Health Partners* 19 E Main, Belgrade
406-585-1360 Community Health Partners* 214 E. Mendenhall, Bozeman
406-222-1111 Community Health Partners* 112 W. Lewis St., Livingston
406-646-9441 Community Health Partners* 11 S Electric St, W. Yellowstone
406-585-8701 Community Health Partners Dental Practice* 120 N. 9th Ave, Suite H, Bozeman
406-582-3100 Gallatin City-County Health Department, 215 W. Mendenhall, Bozeman
406-582-3010 Gallatin County Office of Public Assistance - call for eligibility criteria
888-706-1535 Healthy Montana Kids (MT CHIP) Eligibility Hotline
406-222-3541 Livingston Healthcare 504 S. 13th Street, Livingston
800-362-8312 Medicaid Help Line
800-633-4227 Medicare Information Line
406-222-4145 Park County Health Department 414 East Callender, Livingston
406-582-5300 VA Clinic - for Veterans, 300 N. Willson Ave, Bozeman
* All CHIP clinics have low cost/sliding fee behavioral health services, primary & preventive care services available to everyone regardless of ability to pay.

Housing Assistance

406-582-7388 Family Promise
406-388-8225 Habitat for Humanity
406-586-7689 HAVEN
406-587-4486 HRDC Housing Program
406-587-3008 Love INC
406-586-5813 Salvation Army
406-656-8326 T.E.A.M. Mentoring
406-624-6277 Volunteers of America - Housing assistance for Veterans
406-587-4188 Bozeman Warming Center - Seasonal, Emergency Night Shelter *
406-333-2537 Livingston Warming Center - Seasonal, Emergency Night Shelter *
* Open late fall to early spring

Food Assistance

406-586-2421 Bozeman Senior Citizen Center, Meals on Wheels Program
406-582-3010 Gallatin County Public Assistance - Supplemental Nutrition Assistance Program (SNAP)
406-285-3559 Headwaters Area Food Bank
406-586-7600 HRDC Fork & Spoon Homestyle Kitchen
406-586-7600 HRDC Gallatin Valley Food Bank - Operating in Bozeman, Three Forks & Big Sky
406-222-5335 Livingston Food Resource Center, Livingston
406-587-3008 Love INC
406-222-8000 Park County Public Assistance - Supplemental Nutrition Assistance Program (SNAP)
406-586-5813 Salvation Army
406-646-7311 West Yellowstone Job & Social Services Center

Legal Resources

866-820-5437 Child and Elder Abuse Help Line
406-585-9984 Child and Family Services, Gallatin County
406-222-7402 Child and Family Services, Park County
800-245-4743 Disability Rights Montana - disabilityrightsmt.org
406-582-2075 Gallatin County Victim Assistance Program
406-543-8343 Gallatin Legal Assistance Clinic
406-582-2038 HAVEN
800-666-6899 Montana Legal Services Helpline
406-582-2158 Self-Help Law Program

Financial Assistance

406-582-9200 Bozeman Job Services
406-582-3010 Gallatin County Office of Public Assistance (for families only)
406-222-8000 Park County Public Assistance
877-275-2227 Rural Dynamics
406-586-4501 Social Security Administration
406-646-7311 West Yellowstone Job and Social Services Center
406-587-4486 Human Resource Development Council (HRDC) Energy Programs

Transportation

406-587-2434 HRDC Galavan
406-587-2434 HRDC STREAMLINE Bus Service
406-587-3008 Love INC
406-522-7300 Montana Independent Living Project
406-222-4668 Park County Angel Line
406-388-9999 TAXI
406-640-0244 Love INC
406-646-7311 Call Job & Social Services for a voucher to ride

Child & Family Related Resources

406-563-8117 AWARE - adult & children’s case management services & psychiatry
406-587-7786 Child Care Connections - child care referral
406-585-1360 Community Health Partners - primary & preventive health care services
406-587-2477 Family Outreach - assessments
406-587-2194 Greater Gallatin United Way kidsLINK Afterschool Programs
406-585-8544 Hearts & Homes Family Resource Center
406-209-5088 Kiwanis Clothes Closet - free clothing
406-222-7641 L’Esprit - Youth and Adult Services - School and Community Treatment
406-823-6604 LiveWell 49 - Improving Health & Wellness in Park County
406-599-5776 Montana Family Wrap Around Children & Family Mental Health
406-994-4113 MSU Human Development Council - Low-Cost Services Adults, Children, Couples & Families
406-570-0738 Roots Family Collaborative - pregnancy & post-partum support
406-582-8566 SEPTA Special Education Parent Teacher Association, Bozeman School District
406-587-3840 Thrive
406-585-9402 Youth Dynamics Children’s Mental Health & Behavioral Health Care

Thanks to the following agencies who contributed to the costs of this publication:

- Volunteers of America
- Bozeman Warming Center
- Montana Mental Health

When you don’t know what to do or where to get help...resources and assistance are available.
Emergency Help

Assistance for those in crisis or urgent need of help

Call the Help Center’s 24-hour crisis line:
Dial 2-1-1 or 406-586-3333
and / or
Text “MT” to 741-741 for crisis support

If there is an immediate safety concern that is life threatening, call 911.

For crisis situations that are not an immediate safety concern or immediately life threatening:

If the person in crisis is over 18 years old, please call the Help Center at 2-1-1 or contact Hope House in Bozeman at 406-585-1130, located at 701 Farmhouse Lane.

If the person in crisis is under 18 years old, please call Help Center - Dial 2-1-1 or 406-586-3333 as your first step.

Persons of any age can go to the Emergency Department at the nearest hospital.
406-585-1000 Bozeman Health Deaconess Hospital Emergency Rm.
406-222-3541 Livingston HealthCare
406-995-6995 Big Sky Medical Center

Crisis Intervention Questions to Ask
SUICIDAL OR DEPRESSED?
- Directly ask the following questions: “Are you suicidal?”
- “Do you have a specific plan?”
- “Do you have access/ability to implement this plan?”
- Assess if the person is in a safe place. Do not leave them alone.

2-1-1 or 406-586-3333 Help Center
406-585-1130 Hope House
911 Law Enforcement/Emergency Medical Services

ALCOHOL OR DRUGS?
- What behaviors is the person exhibiting?
- What did they take or use?
- How much did they consume?
- Is the person aggressive/suicidal?
- Is the person vomiting or seizing?

406-586-5493 Alcohol & Drug Services of Gallatin County
406-404-7900 Community Medical Services (Belgrade) Medication assisted treatment
406-222-2812 SW Chemical Dependency (Park County)
406-885-1000 Bozeman Health Deaconess Hospital Emergency Rm.
406-222-3541 Livingston HealthCare
406-995-6995 Big Sky Medical Center
911 Law Enforcement/Emergency Medical Services

If you dial 911, ask for a CIT Officer.

UNUSUAL, AGGRESSIVE or VIOLENT BEHAVIOR?
- Has the person behaved in a manner that would inflict harm?
- Has the person made any threats? What is the nature of the threat?
- Has the person consumed any alcohol or drugs?
- Is the person taking any medications?
- Is the person hearing, seeing, or smelling anything unusual?
- Does the person appear to be talking to themselves or to no one?
- Does the person appear frightened, angry, agitated or depressed?

406-222-5902 ASPEN Abuse Support Prevention Education Network (Livingston)
406-582-2038 HAVEN Domestic Violence Shelter (Bozeman)
2-1-1 or 406-586-3333 Help Center
406-585-1130 Hope House
911 Law Enforcement/Emergency Medical Services

Behavioral/Mental Health Resources

406-586-5493 Alcohol and Drug Services of Gallatin County
406-563-8117 AWARE - Children’s Behavioral Health Services

Community Health Partners Low-cost / sliding scale counseling & behavioral / mental health services offered to all regardless of ability to pay:
406-924-3754 Belgrade Bozeman 406-585-1360
406-222-1111 Livingston West Yellowstone 406-644-9441

406-404-7900 Community Medical Services - Medication assisted treatment for opioid use
406-451-7370 Eating Disorder Center of Montana
406-587-2194 Greater Gallatin United Way - The Resilience Project
406-586-4111 HAVEN - Domestic Abuse Support
406-586-3333 Help Center - 24 Hour Crisis Line and Suicide Outreach
2-1-1 Help Center - 24 Hour Resource Referral
406-585-1130 Hope House Crisis Stabilization - Inpatient Crisis Stabilization
406-587-4486 HRDC - Wrap-Around Services such as Housing, Food, Transportation & more
406-222-7641 L’esprit - Youth & Adult Services + School & Community Treatment (Liv.)
777-927-6642 Mental Health America of Montana montanamentalhealth.org
406-522-7300 Montana Independent Living Project
406-551-1058 Montana Peer Network
800-273-8255 Montana Suicide Prevention Lifeline
777-688-3377 Montana Warm Line Non-crisis support line—virtual drop-in center Call or visit montanamentalhealth.org
406-994-4113 MSU Human Development Clinic Low-cost counseling services for community members
406-994-4531 MSU Counseling & Psychological Services Counseling Services for MSU students
406-443-7871 National Alliance on Mental Illness (NAMI)
406-585-8959 NAMI Bozeman - namimt.org
406-522-7357 Open Arms Drop-in Center Peer-to-Peer Support
406-579-4984 Providence Mental Health Center - Mental Health Outpatient Services
406-539-1383 Recovery In Common Certified peer support for recovery
406-586-3333 Sexual Assault Counseling Center
406-586-5813 Salvation Army
888-866-0328 State Addictive & Mental Disorders Information Line
888-444-9669 State Mental Health Ombudsman
877-726-4727 Substance Abuse & Mental Health Services Administration
406-582-5300 VA Clinic - for Veterans
406-994-7069 VOICE Center Confidential support for MSU students impacted by sexual assault or relationship violence
406-556-6500 Western Montana Mental Health - Gallatin Out Patient Services, Day Treatment, Drop-In Center
406-570-3907 Women in Action - Big Sky Community Counseling
406-585-9402 Youth Dynamics, Inc. - Children’s Behavioral Health Services